

Ultrasound-Assisted Liposuction

Current Concepts
and Techniques

Onelio Garcia Jr.
Editor



Springer

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ISBN 978-3-030-26874-9

ISBN 978-3-030-26875-6 (eBook)

<https://doi.org/10.1007/978-3-030-26875-6>

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I have been very fortunate to have people in my life who believe in me and support my career. I wish to dedicate this book to them.

To my parents, Dr. and Mrs. Onelio Garcia Sr., who somehow envisioned that their 18-year-old surfer would attend college and then pursue a career in medicine.

To my children, Sloane, Alana, Brysen, and Spencer. They are my greatest source of pride. I have no doubt that they will all accomplish far more in their respective fields than I ever will in mine.

To my professor and mentor Dr. Bernard L. Kaye, a founding member and past president of the American Society for Aesthetic Plastic Surgery. Those of us who enjoyed the privilege of training under him learned far more than plastic surgery from a genuine “Renaissance Man.”

To my contributing authors. Their contributions have greatly enhanced this book and I am extremely grateful for the time and commitment they invested in this project.

To my longtime associate Dr. Jose Perez-Gurri, a contributing author in this book. After a third of a century, I still find enjoyment in us working side by side and discussing the occasional interesting case. What an amazing experience it has been!

To Isabel who has defined for me unconditional love and devotion. I am so very grateful that you, for one, understand the demands of my career and support it.

To my patients. It has been my privilege to have been entrusted with your care.

Onelio Garcia Jr.

Preface

It has been over 20 years since Rohrich, Beran, and Kenkel wrote their acclaimed textbook, *Ultrasound-Assisted Liposuction*. The book served our specialty well. It was a comprehensive, concise reference which covered all the important topics associated with what was then a new and exciting technology for plastic surgeons.

Since that time, we have developed a better understanding of the dynamics of internal ultrasound for body contouring and its effect on adipose tissue. The current ultrasound devices for liposuction are safer and more efficient than the previous generations. This textbook is intended to bridge the gap between the early days of ultrasonic liposuction and the present. The contributing authors are all well-respected experts in the field who share their extensive experience with the new ultrasound technology. It is my sincere intention that this book will serve as a reference in ultrasound-assisted liposuction for years to come.

Miami, FL, USA

Onelio Garcia Jr.

Acknowledgment

A special thanks to Dr. Paola S. Chaustre from the Imagos Institute of Plastic Surgery for her tremendous assistance with the medical photography for this project.

Contents

Part I Fundamentals

1	Ultrasonic-Assisted Liposuction: Introduction and Historic Perspectives	3
	Mark L. Jewell	
2	Basic Science of Ultrasound in Body Contouring	9
	Mark E. Schafer	
3	Choosing the Correct Candidate	23
	Jose A. Perez-Gurri	
4	Anesthesia and Wetting Solutions	37
	Onelio Garcia Jr.	

Part II Clinical Applications

5	Neck and Facial Contouring	49
	Onelio Garcia Jr.	
6	Contouring of the Trunk	65
	Onelio Garcia Jr.	
7	VASER-Assisted Liposuction of Gynecomastia	87
	Onelio Garcia Jr.	
8	Contouring of the Extremities	99
	Onelio Garcia Jr.	
9	Aesthetic Contouring of the Buttocks	133
	Onelio Garcia Jr.	

Part III Special Applications

10	ultraBBL: Brazilian Butt Lift Using Real-Time Intraoperative Ultrasound Guidance	147
	Pat Pazmiño	
11	Ultrasonic Treatment of Silicone Injection Complications	173
	Katherine H. Carruthers, Carissa L. Patete, and Christopher J. Salgado	
12	Ultrasound-Assisted Liposuction in the Massive Weight Loss Patient	189
	Dennis J. Hurwitz	
13	High-Definition Body Contouring Using VASER-Assisted Liposuction	203
	Alfredo E. Hoyos and David E. Guarin	
14	Ultrasound-Assisted Liposuction: Medicolegal Considerations	213
	Neal R. Reisman	
	Index	221

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