



**THAI NGUYEN UNIVERSITY**  
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**BATANGAS STATE UNIVERSITY**  
Republic of the Philippines

**THE TEACHINGS ON PEACE AND HARMONY OF THE 14<sup>TH</sup>  
DALAI LAMA AND SELECTED PEACE ADVOCATES**

A Dissertation  
Presented to the  
Faculty of the Graduate School  
Batangas State University  
Batangas City

In Partial Fulfillment  
of the Requirements for the Degree of  
Doctor of Philosophy  
Major in English

By

**TRAN THI NHI**  
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### APPROVAL SHEET

This dissertation entitled “TEACHINGS ON PEACE AND HARMONY OF THE 14<sup>th</sup> DALAI LAMA AND SELECTED PEACE ADVOCATES” prepared and submitted by **TRAN THI NHI** in partial fulfillment of the requirements for the degree of Doctor of Philosophy major in English has been examined and is recommended for Oral Examination.

  
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## **ABSTRACT**

Title : **Teachings on Peace and Harmony of the 14<sup>th</sup> Dalai Lama and Selected Peace Advocates**

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Course : Doctor of Philosophy

Major : English language and literature.

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## **Summary**

There exist myriad problems in the current world which threaten the existence of humanity. Violence is accelerating everywhere. Ceaseless wars and conflicts are taking place in several regions, killing thousands of people and causing suffering for millions of human beings. Furthermore, more and more modern weapons with massive destruction capacity are being produced, threatening the whole mankind in every minute. Meanwhile, the world is also faced with terrorism, environmental pollution, racial religious conflicts, political disputes, social and economic inequality, the large gap between the rich and the poor, and diseases and poverty. All of these catastrophic events beg the question of how to save humanity.



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There has been a great number of peace advocates, including religious figures, political leaders, literary writers and philosophers, who have advocated the teachings of peace and harmony in their books, sermons and speeches. All of this has provided a basis for a trend and a growing movement for peace and harmony in modern times.

This study analyzes the selected works by the 14<sup>th</sup> Dalai Lama, a modern day leading figure of peace, and three other authors namely Mawlana Rumi, Pope John Paul II and Daisaku Ikeda to explore how peace and harmony is conceptualized by these peace advocates. Likewise, the study aims to reveal the universal concepts of peace and harmony shared by the peace advocates as the representatives of different cultures and religions. The research also discusses how their common teachings on peace and harmony have been transferred into a global peace movement.

The study employs the qualitative method of research and sociological and philosophical approaches as the bases for analysis. This paper also involves content analysis, which is a systematic technique in analyzing message content and message handling.

Findings of the study reveal that although these peace movement leaders represent different religions and come from different cultures, they share much in



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common in espousing their view on peace as a way of life. In this study the author attempts to weave a mosaic of universal and permanent moral values and principles rooted in the teachings of these advocates for peace. This mosaic, which promotes a spirit of respecting cultural pluralism, cultivates human good qualities and appraises responsibility, must be integrated in education. She proposes the adoption of this new paradigm for living in the modern world.



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## **DEDICATION**

To my dearest husband, Luong Viet Cuong and my loving twin sons, Luong Tran Tri Minh and Luong Tran Duc Minh, who inspired me to search for the highest values in life.

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